



Northern Ohio Surgical Center
2800 Hayes Avenue
Sandusky, OH 44870

WHAT YOU SHOULD KNOW AFTER YOUR OPERATION

The following instructions must be followed very closely:

1. If you need pain pills, start before pain becomes intense. Antibiotics and pain pills are frequently less upsetting to your stomach if you take them with food such as crackers or bread.
2. If you having excessive or persistent pain, swelling, bleeding, nausea, vomiting, or any other problems, you should first call your surgeon for advice. If you are unable to contact your surgeon, seek help from a hospital emergency room.

If you were given drugs to make you drowsy and or pain medication, follow these instructions:

1. You should spend the remainder of the day and evening resting.
2. You should not attempt to walk, including going to the bathroom, without assistance. You may be lightheaded from the medications you received.
3. Eat light today to avoid nausea. You should be able to return to your normal diet 24 to 36 hours after surgery.
4. For the next 24 hours you should not consume alcohol, attempt to drive, use any power tools, sign important documents or make important personal or business decisions. After that do so only if you feel perfectly normal and alert.
5. Follow carefully any verbal or written instructions your surgeon may have given you.

Additional written instructions given. Surgeon's phone number (419)- _____

SURGEON'S WRITTEN INSTRUCTIONS:

The above information has been explained and I have had the opportunity to have my questions answered.

Responsible Party Signature

Surgeon's Signature

Nurses Signature